



Essential Oil Diffuser Blends

Happy Day

2 drops Frankincense
2 drops Peppermint
2 drops Lime
2 drops Lemon

Study Time

1 drop Lime
1 drop Lemon
1 drop Wild Orange
1 drop Bergamot
1 drop Grapefruit

Rise 'n Shine

1 drop Spearmint
1 drop Lemon
1 drop Wild Orange

A+ Student

2 drops Rosemary
2 drops Peppermint
2 drops Frankincense

Full Focus

2 drops Lemon
1 drop Basil
1 drop Douglas Fir

Clear Mind

1 drop Sandalwood
1 drop Cinnamon
2 drops Frankincense

Stress Less

1 drop Vetiver
1 drop Lavender
1 drop Copaiba

Sleep Tight

2 drops Lavender
2 drops Copaiba

Positive Thinking

1 drop Myrrh
1 drop Eucalyptus
1 drop Lime