

Shower Melts Recipes

For respiratory or congestion:

10 drops Eucalyptus and 10 drops Cedarwood

For relaxation:

10 drops Lavender and 10 drops Roman Chamomile

For energizing:

10 drops Peppermint and 10 drops Wild Orange

For romance:

5 drops Rose, 5 drops Lemon, 5 drops Cinnamon, 5 drops Cardamom

For de-stressing:

10 drops Patchouli and 10 drops Frankincense

For cleaning:

10 drops Lemon and 10 drops Melaleuca

For Christmas spirit:

5 drops Douglas Fir, 5 drops Cedarwood, 5 drops Juniper Berry, 5 drops Wild Orange

Gingerbread Scent:

5 drops Ginger, 5 drops Clove, 5 drops Cinnamon, 5 drops Cardamom

Spring Rain Scent:

10 drops Vetiver, 5 drop Lemon, 5 drop Wintergreen

Candy Cane Scent:

5 drops Wintergreen, 5 drops Peppermint, 5 drops Cinnamon

Springtime Scent:

5 drops Geranium, 5 drops Lemon, 5 drops Grapefruit, 5 drops Wild Orange

Love Charm Scent:

10 drops Red Mandarin, 5 drops Lime, 5 drops Cinnamon