

Say "please" and "thank you"

Don't interupt adults when they are talking

Say "excuse me" when you burp or pass gas

Say "excuse me" to get someone's attention or when trying to move past someone

Don't comment on someone's physical appearance, unless giving a compliment When someone asks you how you're doing, tell them, then ask how they are doing

Knock on closed doors before entering Write thank you notes for gifts you receive Never use bad words

Don't call people mean names or tease
When you bump into someone, say you're sorry
Cover your mouth when you cough or sneeze
Don't pick your nose in public

Open doors for others

Offer to help someone in need

When an adult asks you to help, do it without whinning or complaining Don't reach across the kitchen table. Instead ask for something to be passed Wipe your mouth on a napkin at the table, not on your sleeve

Look people in the eyes

Wash your hands before and after every meal Offer to set the table

Use silverware at the table

Pick up after yourself, especially at someone else's house

Use inside voices indoors

Clear your plate from the table

Don't scream outside when you are playing, unless it's an emergency

Don't argue with adults

When someone is talking to you, look at them Don't talk with your mouth full Don't smack your lips while eating

