

# DIY: BATH FIZZY BOMBS



## INGREDIENTS:



- 1 cup Citric acid
- 1 cup Baking soda
- ½ cup Cornstarch
- ½ cup Fractionated Coconut Oil
- 8-10 drops of your favorite essential oil(s)
- Bath Bomb mold or Silicone mold or Saran wrap

**Step 1:** Put the oil, citric acid, baking soda, cornstarch, and essential oil(s) in a glass or porcelain bowl. For relaxation, try relaxing oils like Lavender. For a mood pick-me-up, try a citrus essential oil. The possibilities are endless!

**Step 2:** Mix well with your hands until a soft dough is formed. It should feel like damp sand. You could add dried herbs, flowers, or food coloring as well.

**Step 3:** Put the mixture in a bath bomb or silicone mold or wrap into a ball shape in Saran wrap and let it sit for 24 hours before removing from mold.

**Step 4:** The DIY bath fizzy bombs are ready to use once they've completely dried. Simply drop them in the tub to dissolve.