

DIY BATH FIZZY BOMBS

INGREDIENTS:

1 cup Citric acid

1 cup Baking soda

½ cup Cornstarch

½ cup Fractionated Coconut Oil

8-10 drops of your favorite essential oil(s)

Bath Bomb mold or Silicone mold or Saran wrap

INSTRUCTIONS:

Step 1: Put the oil, citric acid, baking soda, cornstarch, and essential oil(s) in a glass or porcelain bowl. For relaxation, try relaxing oils like Lavender. For a mood pick-me-up, try a citrus essential oil. The possibilities are endless!

Step 2: Mix well with your hands until a soft dough is formed. It should feel like damp sand. You could add dried herbs, flowers, or food coloring as well.

Step 3: Put the mixture in a bath bomb or silicone mold or wrap into a ball shape in Saran wrap and let it sit for 24 hours before removing from mold.

Step 4: The DIY bath fizzy bombs are ready to use once they've completely dried. Simply drop them in the tub to dissolve.